

Module Ten Worksheet 30 Days of Desire

by Felicity Keith

Website: http://www.DigitalRomanceInc.com Email: support@digitalromanceinc.com

Copyright 2014 © by Digital Romance, Inc. All rights reserved. Reproduction and distribution in any way, shape, or form is forbidden. No part of this manual or its accompanying audio and/or video material shall be reproduced, stored in a retrieval system, or transmitted by any other means, electronic, mechanical, photocopying, recording or otherwise without prior written permission from the author. If you have questions, email legal@digitalromanceinc.com.

Copyrighted materials cited in this course are reproduced here for educational purposes only under fair use provisions of U.S. Copyright law.

This publication is designed to provide accurate and authoritative information with regard to the subject matter covered. It is sold with the understanding that the author is not engaged in rendering legal, accounting or other professional advice. If legal advice or other professional assistance is required, the services of a competent professional should be sought. Michael Fiore and Digital Romance, Inc. individually or corporately, do not accept any responsibility for any liabilities resulting for the actions of any parties involved.

30 Days of Desire

Here you will map out a plan for the techniques you want to use over the next month. Keep in mind that this isn't a definitive guide that you need to follow absolutely. Rather, it's to make sure you build in some high intensity weeks and lower intensity weeks to keep an optimal balance of peaks and valleys.

Your immediate technique is what you will use in one interlude. You may have done the pre-work ahead of time (like Erotic Action Movie), but this is when you will unveil it. Your immediate technique for each week is where you will contrast between high intensity and lower intensity of dirtiness.

Remember you can use a back-burner technique that takes time to build, like Pavlov's Erection or The Boiled Frog. Use this in addition to the immediate technique that week.

Also, if you or your man will be out of town, you'll want to plan to use a technique that works for when you are apart.

Days 1 to 7 (fill in dates)

Immediate Technique:

Back Burner Technique:

Days 8 to 14 (fill in dates)

Immediate Technique:

Back Burner Technique:

Days 15 to 21 (fill in dates)

Immediate Technique:

Back Burner Technique:

Days 22 to 30 (fill in dates)

Immediate Technique:

Back Burner Technique: