

THE *Language* OF *Desire*

Module Nine, Part 4: Invisible Chastity Belt

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Invisible Chastity Belt

If you haven't figured it out by now, I love creating role-playing scenes and using my imagination to practically conjure a magic spell around my sex life with my guy.

The Invisible Chastity Belt technique came about during a time when I was dealing with a female health issue that meant I had to refrain from intercourse for a few days to a week.

At the time, my relationship was hitting a sexual peak. We were super hot for each other and very physically affectionate. Basically, we'd been fucking like crazed rabbits.

The timing sort of sucked. We'd planned a sexy little overnight getaway at a local resort. Unfortunately, the getaway was taking place the day after my doctor gave me the news.

I was disappointed and thought about canceling our plans. But we'd made special arrangements to go, and I figured, if nothing else, we could snuggle and make out a whole bunch. Which would be nice (cue the sad trombone music).

On the drive to the resort, I told him what was going on. Bless his heart, he was concerned for my health and wanted to make sure I was ok. Which I was; the problem was more an inconvenience than anything. And he didn't seem bothered one bit that some of our anticipated activities were now a no-go.

Phew.

That evening, we listened to a live band and hit the dance floor in the lounge. We were having fun holding each other close and being playful and sexy while bumpin' and grindin'.

Knowing we couldn't go all the way that night, it reminded me of going to school dances as a young teenager. I'd be out on the dance floor getting close with a boy I liked, but both of us knew that sex was out of the question.

It was thrilling to flirt with the idea of sex, but chaperones and curfews made it impossible to actually do anything. The tension and hormonal frustration was electric.

That gave me an idea. . .

When the band finished, we went back to our room. He stretched out on the giant bed and flipped on the sports channel while I went to the bathroom to transform.

I emerged with my hair in a high pony-tail, “clean faced” (I still had makeup on, just a very natural ‘innocent’ touch), and in my short nightie.

I told him we were going to play a little game as I crawled into bed and straddled him.

The rules were simple. He could do anything he wanted to my body from the waist up. And his entire body was mine to explore. The only thing we were forbidden to do was “go all the way.”

And yes, I specifically used the terms “forbidden” and “go all the way” to get into that virginal character.

His eyes lit up and a big smile stretched across his face. The basketball game on the TV was instantly forgotten. “Anything I want from the waist up?” he asked, sitting up and practically drooling.

“Anything.”

“And my entire body is fair game?” he grinned, pulling off his shirt.

Why this works so well

Instead of making the inability to have intercourse a bad thing, it focuses on being creative with all of the activities you *can* do with each other.

It also brings back the notion of a conquest or chase. In a long-term relationship, you’ve already had sex and explored each other’s bodies. It is easy to take intercourse for granted over time. The tension of “is tonight going to be the night?” is gone.

This is one way to bring that back.

This technique rekindles anticipation with the feeling that intercourse is the forbidden fruit, that it is something to yearn for because it can’t happen.

Meanwhile, you both indulge in the delight of taking each other right to the edge of that rule with “everything except intercourse.” Like a horny virtuous teenager, you obey the rule. . . but get yourselves as close to breaking it as possible.

Use it in a variety of circumstances

In my example, I was the one who wasn't able to have intercourse. But this works in multiple scenarios:

There is a medical or health reason you can't have intercourse, but he is otherwise able to

If you are on your period and one or both of you prefer to not have sex while you are menstruating

There is a medical or health reason he can't get an erection

You are both able to have intercourse, you just want to throw in some variety to your sex life

Step One: Introduce The Invisible Chastity Belt technique

Tell your man that you want to play a little game to pique his attention. You can send him a text message to start out.

In my example above, I introduced the concept in real time. But personally, I'm a fan of the prolonged tease. Had I thought of it sooner, I would have gotten his motor running with texts through the day.

As always, anytime you send a flirty text, use the winky face.

Here is how the conversation could flow...

You: Tonight we are going to play a game you will love. I will explain later ;)

Him: Oh really? I'm curious. Give me a hint.

You: It will make you feel like a teenager again ;)

Him: A teenager? What, are you going to give me a hickey?

You: Oh, I plan on giving you a lot more than a hickey. But you have to follow one rule.

Him: One rule? What kind of game is this?

You: I will tell you everything when you get home. Now stop thinking about me and get back to work ;)

When he gets home, he is probably going to ask about this game right away. Tell him the rules. He can do anything he wants to you above the waist. And you get to do anything you want to his entire body (or

substitute your specifics based on your needs). The only rule is you can't "go all the way."

Step Two: Making out

You can get yourself into character with a specific hairstyle or innocent-looking outfit if you desire. But that isn't necessary to enjoy the full effects of the technique.

I think getting started with a hot and heavy make-out session is the best.

Pretend you are teenagers again and making out is a big focal point of your sexual connection. Focus on kissing in all types of ways. Slowly, passionately, sweetly, and/or with biting.

Dry humping is definitely encouraged, too. Making out was a big deal for most of us as teenagers. Savoring the make-out is an important (and fun) part of this game.

True story: as a grown up, fully able to have sex, I once had a four-hour makeout session with a man I was dating. We'd decided that we weren't going to have sex unless we were exclusive. But we had some major chemistry. So we made out on my couch for hours one night. Until our faces were sore, lol. It was super fucking sexy and hot, too.

Never underestimate the joys of a great make-out!

Step Three: More action, minding the rules

As you are both getting aroused, clothes are bound to come off, and you are going to go beyond first base (sorry, can't help but bring back the old terminology, haha).

If his hands, mouth, or other body parts venture too close to the forbidden zone, move him to a different place or change activity. For example, if he's playing with your breasts and his hand starts moving south (and your vagina is off limits for the night), grab it and place it back on your tit.

You can also tell him no in a playful way...

That area is forbidden tonight

No no no, mister, keep your hands on second base only

Hands on tits only please

Oh no, that's off limits tonight

Naughty boy, follow the rules!

Make sure you keep your voice light and fun.

Invite him to spend a lot of time on your breasts. Did you know that some women can achieve orgasm just from nipple stimulation? It's true! And for those who can't, a long session of teasing, pinching, and sucking can get you damn close to the Big O.

So tell him...if he pinches and sucks your nipples, he will drive you wild! Guide him to be harder or softer as needed. And if it feels good, tell him not to stop!

Step Three: Oral sex

This game is a perfect opportunity to give him an out-of-this-world blow job. I recommend incorporating some or all of the Oral Intensifier technique from Module Six. Or, if you are using the ICB because he is unable to have an erection, tell him you want him to go down on you.

And you can certainly make sure to talk about his penis if you give him a BJ...

I want to suck your dick

Want me to give you head?

Want me to suck your cock?

Give me your dick

I love sucking your dick

I love your big hard cock

Let me suck your dick

Can I suck your dick?

Let me wrap my mouth around you

Does that feel good?

And if he's giving you oral sex, give him a good play-by-play or directions...

I love how you lick my pussy

God, your tongue feels amazing

Lick it harder / softer

Suck on my clit

Make me cum with your mouth

Don't you dare stop

Keep going, you're going to make me cum

You know what I like

And don't forget to use your Madonna Moan!

Oral sex to climax is a natural ending point to the game. However, orgasm may or may not happen for you. You don't have to focus on cumming as the absolute goal.